

ATHLETIC FEE SCHEDULE

All prices are subject to applicable sales tax and are subject to change without notice.
Effective January 1, 2010.

FITNESS

Personal Training	
Individual (55 minutes).....	\$75.00
Individual (40 minutes).....	\$56.00
Individual (25 minutes)	\$43.50
Group of 2/3 (55 minutes, per person)	\$52.00

Fitness Testing

Executive Health Screening	\$325.00
BodyAge Assessment.....	\$125.00
Ultrasound Body Fat Test	\$40.00
Aerobic Capacity Assessment	\$99.00
Resting Metabolic Rate Assessment	\$99.00
Nutrition Session (1 hour).....	\$85.00

Fitness Classes

Aerobics (1 hour).....	\$6
Aerobics (1¼ hour).....	\$6.50
Aerobics (1½ hours)	\$7
Indoor Cycling (1 hour)	\$7.50
Pilates Mat (1 class).....	\$12
Yoga (1 hour).....	\$10
Yoga (1¼ hours).....	\$12
Yoga (1½ hours).....	\$14

Pilates Studio Sessions

Individual (55 minutes).....	\$65.00
Duet (55 minutes, 2 students, per person).....	\$48.00
Group of 3 (55 minutes).....	\$35.00
Group Reformer Class (2x week, per month)....	\$200.00

Kinesis Sessions

Individual (55 minutes).....	\$82.00
Individual (25 minutes).....	\$50.00
Group of 2/3 (55 minutes, per person)	\$62.50
Group of 2/3 (25 minutes, per person)	\$35.00

TENNIS

Tennis Courts

Outdoor (75 minutes).....	\$6.00
Indoor (75 minutes)	\$11.00

Tennis Ball Machine Rental

1 hour (Court fee extra)	\$6.00
--------------------------------	--------

Tennis Lessons

Private (1 hour).....	\$65.00
Semi-Private (1 hour, per person)	\$35.00
Group of 3 (1 hour, per person).....	\$26.25
Group of 4 (1 hour, per person).....	\$22.50

*20% additional charge for non-members. Reservations required.

Revised 4/10

AQUATICS

Swim Lessons

Private (30 minutes).....	\$33.00
Semi-private (2 students, 30 minutes).....	\$43.00
Group (4 students)	
Twice/week (8 lessons).....	\$76.00
Once/week (4 lessons)	\$43.00
Masters Swim (7+ workouts per person).....	\$45.00
Masters Swim Couple Rate	
(7+ workouts per person).....	\$55.00
Masters Swim (1 workout).....	\$7.00
AquaFitness classes (1 class).....	\$6.50
Deep Water Challenge classes (1 class)	\$6.50

SPA SERVICES

Custom Massage (50 minutes).....	\$85.00
Hot Stone Massage (75 minutes).....	\$125.00
Hotel Bellevue Facial (60 minutes).....	\$95.00
Anti-Oxidant Facial (90 minutes).....	\$170.00
Therapeutic Manicure (45 minutes).....	\$44.00
Therapeutic Pedicure (60 minutes).....	\$65.00

YOUTH PROGRAMS *

Kids' Camp

For children ages 3 (or potty trained) to 6 years

1 day	\$14.50
Kids' Camp Express (1 day).....	\$11.50

CHILD CARE

Child Care Center

Maximum stay of two hours per day, birth to 6 years of age.

Under 3 years of age (1 hour)	\$7.80
3 years and older (1 hour).....	\$6.80

LOCKER RENTAL

Half.....	\$14.00
Full	\$29.00

GUEST PASSES

Adult	\$16.00
Children under 12	\$8.00