

## GPX Class Subs

Day of Week	Date	Time	Class	Instructor	Sub
Saturday	2/16	7:30 AM	Indoor Cycling	Chris	Victoria
Saturday	2/16	9:00 AM	Vinyassa Yoga	Chris	Mary Ann
Saturday	2/16	9:00 AM	Rizzmic	Amber	Julia Cooper
Sunday	2/17	9:00 AM	Vinyasa Yoga	Karen B	Tamara
Sunday	2/17	10:15 AM	Cycle & Core	Caroline	Laura
Monday	2/18	9:30 AM	Long and lean	Caroline	Laura
Monday	2/18	10:45 AM	Cycle Fusion	Laura	Rachel
Tuesday	2/19	8:45 AM	Mini Vini Strength and Balance	Caroline	Marva
Tuesday	2/19	4:00 PM	Slow Flow Yoga	Caroline	Marva
Wednesday	2/20	5:30 AM	Power Cycling	Shannon	Chris
Wednesday	2/20	8:00 AM	Deep Liquid Intervals	Palina	Dominique
Wednesday	2/20	9:00 AM	Shallow Liquid Intervals	Palina	Dominique
Wednesday	2/20	9:30 AM	Long and Lean	Caroline	Morgan
Wednesday	2/20	6:00 PM	Indoor Cycling	Lisa	Steve
Thursday	2/21	5:30 AM	Strength & Stretch	Victoria	Nancy
Thursday	2/21	8:45 AM	Mini Vini Strength and Balance	Caroline	
Thursday	2/21	4:00 PM	Slow Flow Yoga	Caroline	Marva
Thursday	2/21	5:30 PM	Ski Conditioning	Lisa	Tien
Friday	2/22	5:30 AM	Indoor Cycling	Victoria	Laura
Sunday	2/24	9:00 AM	Vinyasa Yoga	Karen B	Tamara
Monday	2/25	9:30 AM	Long and Lean	Caroline	Laura
Monday	2/25	10:45 AM	Cycle Fusion	laura	Rachal
Tuesday	2/26	8:45 AM	Mini Vini Strength and Balance	Caroline	
Tuesday	2/26	4:00 PM	Slow Flow Yoga	Caroline	Marva
Wednesday	2/27	5:30 AM	Power Cycling	Shannon	Victoria
Wednesday	2/27	9:30 AM	Long and Lean	Caroline	Morgan
Thursday	2/28	8:45 AM	Mini Vini Strength and Balance	Caroline	
Thursday	2/28	4:00 PM	Slow Flow Yoga	Caroline	
Thursday	2/28	7:00 AM	Cycle Fusion	Sabine	Rachal