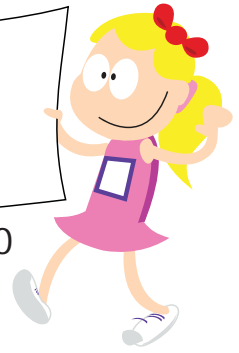




KIDS' ACTIVITIES

2010



Recreation

Kids' Night Out

(AKA Parents' Night Out)

Ages 3-10

JAN. 8 & 22 Under the Sea
FEB. 5 & 19 Chinese New Year
MARCH 5 & 19 Un-Birthday Party

APRIL 9 & 23 Hawaiian Luau
MAY 7 & 21 Xtreme Speed
JUNE 4 & 18 Rocket Ship Adventure

Fridays, 6-9 p.m.

Children ages 3 (if potty trained) to 10 will enjoy games, art projects, music and dinner in the Kids' Camp Room, ending the evening with swimming in the indoor pool. Please pack a swimsuit for your child. A minimum of six children is required. \$33 member/\$39 guest

School Break All-Sports Camps

Ages 6-10

Mid-Winter Break

Feb. 15-19

Martin Luther King Jr. Day

Jan. 18

Spring Break

April 5-9

Memorial Day

May 31

Monday-Friday, 9:30 a.m.-2 p.m.

Our professional staff will lead boys and girls in an array of activities including basketball, soccer, kickball and floor hockey. The day ends with swimming. Please bring a swimsuit and lunch. The cost per day is \$36/member and \$43/guest. Please indicate which days you are attending when registering.

Seventh-Annual Chicks í n'Kicks:

Mother/Daughter Day in the Gym

Saturday, Feb. 27, 10 a.m.-1 p.m.

Mothers and daughters ages 6 & up spend an active day playing a variety of games. A healthy buffet lunch is included. The cost is \$62 for a mother and daughter and \$12 for each additional child.

Private Basketball Lessons

Ages 6 & up

Private lessons are the most effective way to improve your game. For maximum value, take lessons with friends or teammates. To schedule a lesson, call 688-3102. \$50/hour for the first participant; \$12/hour for each additional participant.

Kids' Camp

(Must be potty trained)

Ages 3-6

Your preschooler will love Kids' Camp with arts and crafts, activities, story time and more! Bring a swimsuit for open swim. If you'd like a shorter stay without any swimming, choose Kids' Camp Express. All snacks are provided.

KIDS' CAMP EXPRESS (NO SWIMMING) \$11.50 per day
Monday-Friday, 9:30-11 a.m.

KIDS' CAMP (OPEN SWIM) \$14.50 per day
Monday-Friday, 9:30 a.m.-noon

Family Art Night

Ages 4-99

Friday, 6:30-8:30 p.m., Kids' Camp Room

Jan. 15, Feb. 12, March 12 and April 16.

Everyone in the family, ages 4 to 99, is welcome to come create a variety of art projects with artist Debra Mason. A minimum of six projects is required to hold this class. \$35/member, \$42/guest per project.

Karate Club

Ages 7 & up

Beginner: Wednesdays, 6-7 p.m.;

Saturdays, 9:15-10:15 a.m.

Intermediate/Advanced: Wednesdays, 7-8 p.m.

Saturdays, 10:30 a.m.-noon

The cost for one class per week is \$72 a month and \$85 a month for two classes per week. To register or for more information, call Sensei James Penor at 206-550-7701.

NEW! Guitar for Kids

Ages 9 & up

Wednesdays, 5-6 p.m., Kids' Corner

Learn the basics of music via the guitar: reading, chording, strum-patterns, tuning, songs and basic guitar maintenance. Music theory, ear-training and other essential elements of music will be covered. Please bring an acoustic, classical or electric guitar (with small amp), a pick and pencil to each class. Guitars can be provided. \$90 members per month/\$108 guests per month. Registration is not online for this class. Call 688-3102 to register.



Recreation

6-Week Session Classes

6-Week Session Schedule:

- Session 3** Begins week of January 4
Session 4 Begins week of February 22
Session 5 Begins week of April 12

TURBO TOTS Ages 3-4
Thursdays, 4-5 p.m., Basketball Gym
 Give your 3- to 4-year-old child the chance to run, play and learn a wide range of sports and games. \$82/member, \$96/guest.

MONKEY BIZ CLIMBING CLASS Ages 4-10
Ages 4-6, 4-4:45 p.m., Ages 7-10, 5-5:45 p.m.
Wednesdays, Kids' Camp Room
 Climbing doesn't just build physical strength, it builds decision making, logic and social skills as well! Participants will be challenged personally and as a team, all while learning to explore the traverse wall with ease. The cost is \$72/members, \$86/guests.

SUPER SPORTS Ages 5-6
Mondays, 4-5 p.m., Basketball Gym
 This class provides kids ages 5 to 6 with the instruction to excel in a variety of sports. They will learn fun gym games, have team scrimmages and get a great workout. \$82/member, \$96/guest.

BC BALLERS Ages 6-9
Wednesdays, 3:45-4:45 p.m., Basketball Gym
 This beginning basketball class emphasizes teamwork and individual skill development. \$82/member, \$96/guest.

BC VARSITY BASKETBALL Ages 8-12
Wednesdays 4:45-5:45 p.m., Basketball Gym
 This intermediate/advanced basketball class focuses on individual skill development. \$82/member, \$96/guest.

CHEERLEADING Ages 4-9
Ages 4 & 5, 4-4:45 p.m., Ages 6-9, 5-5:45 p.m.
Thursdays, Multipurpose Room
 Learn cheers and chants while dancing and playing cheer games in this fun class! First time cheerleaders receive poms! \$72/member, \$86/guest.

PRE-BALLET/CREATIVE DANCE Ages 3-5
Mondays, 3:30-4:15 p.m.; 4:30-5:15 p.m.
Tuesdays, 4:30 p.m.-5:15 p.m., Multipurpose Room
 Children will learn basic ballet steps and terminology while discovering rhythm and coordination through creativity and lively imagination. \$72/member, \$86/guest.

HIP-HOP/JAZZ DANCE Ages 8-13
Tuesdays, 5:30-6:30 p.m., Multipurpose Room
 This beginning class will start out with a warm-up. Then comes an upbeat, fun and basic dance class taught to the most popular songs of today. \$82/member, \$96/guest.

NEW! MOM & ME CREATIVE DANCE Ages 18 months-3
Tuesdays, 3:30-4:15 p.m., Multipurpose Room
 Designed for our littlest dancers and a caregiver, this class is sure to put a smile on the face of old and young. Explore a variety of music and learn how to move your body in beautiful, super creative and silly ways! \$72/member, \$86/guest.

NEW! BKPLAY DRAMA Ages 6-8
Saturdays, 10 a.m.-12 p.m., Begins Session 4
Ages 6-8, Kids' Camp Room
 BKPlay Drama focuses on a story and integrates theater with art, movement and music, making this class a well-rounded arts experience. This program is for students who want to explore all aspects of putting on a show. Students will create a play with music, paint the scenery, rehearse and perform for family and friends. \$199/member, \$239/guest. Save \$25 per child when siblings register together!

ART CLASSES FOR CHILDREN Ages 6-10
Mondays, 4:30-6:30 p.m., Kids' Camp Room
 The emphasis in this class program is on experiencing many different art mediums such as watercolor, pen and ink, pastels and mixed texture. A piece of art is taken home each day. The cost includes all professional art supplies. \$215/members, \$258/guest.

KINDERGARTEN PREP Ages 4-6
Tuesdays, 4:30-5:15 p.m., Kids' Camp Room
 What does your child's teacher want them to know on the first day of kindergarten? This fun class, taught by an experienced kindergarten teacher, will give your child the tools and knowledge to make kindergarten a success from day one! Session fee is \$72/members, \$86/guests. A \$25 materials fee the first time a child attends class.

LEGO BUILDERS Ages 6-10
Thursdays, 4:30-6:30 p.m., Kids' Camp Room
 In these six-week classes, kids will build projects with instructor and certified lego artist, Dan Parker. Explore the four formats of LEGO building (miniature, mosaic, sculpture and mechanical) All supplies are included. \$215/member, \$258/guest.



Recreation

Kindermusik



Session 2 Begins Jan. 25

Each Kindermusik class is a world of discovery and adventure. Class tuition for the 15-week session includes all take-home music, weekly activities, a musical instrument, literature books, a children's CD and materials. A \$75 non-refundable deposit is due upon registration to reserve your spot in class. Classes are 45 minutes long.

VILLAGE

Mondays, 11:30 a.m., Kids' Corner

Thursdays, 9:30 a.m., Kids' Corner

For children newborn to 18 months and their parents or caregivers. The session cost is \$242.

OUR TIME

Mondays, 9:30 a.m., Kids' Corner

Thursdays, 10:30 a.m., Kids' Corner

For children 18 months to 3 years, along with an accompanying parent or caregiver. The session cost is \$242.



Pre-PE: Cruiser & Toddler Movement

Session 2 Begins Jan. 26

Wednesdays

Wiggle Worms 9:30-10:15 a.m.

Bouncing Bugs 10:30-11:15 a.m.

It's never too early to introduce your little one to an active life-style. In our two parent/child classes, your cruiser or toddler will enjoy active playtime while developing his or her motor skills. Wiggle Worms includes 10- to 18-month-olds, while Bouncing Bugs is for children 19 months to 3 years. Meet in the gym. The cost is \$190 per 15-week session.

FREE! Toddler Open Play

Ages 0-5

Mondays, 9:30 a.m.-12:30 p.m.

Sept. 14 - May 24

(No open play on dates of All-Sports Camps)

Bring your children, ages 5 and younger for some fun and games. This is unsupervised, so parents must accompany their children. There is no charge.



Birthday Parties

To book your party, call 637-4640

Party Times		Cost
Saturdays & Sundays		Up to 10 kids: \$185
1-3 p.m.	3-5 p.m.	Up to 15 kids: \$200
2-4 p.m.	4-6 p.m.	Up to 20 kids: \$215

Includes: All guest fees, party room for two hours, 45-minute activity with instructor, plain linen for tables, choice of blue, pink or red paper goods, party host, room setup and cleanup.

Party Activities

POOL PARTIES

- Pool Runner (ages 6 and up)
- Inflatable Obstacle Course (ages 9 and up)

GYMNASIUM PARTIES

- Toddler Play (ages 2-4)
- Inflatable Bouncy Slide (ages 5 and up, max of 15)
- All-Sports Play (ages 6 and up)

OTHER PARTIES

- Art Party (ages 3 and up)**
- Deluxe Art Party (ages 6 and up)**
- Climbing Wall Party (ages 6 and up, max of 10)
- Dance – Ballet* (ages 4 and up)
- Dance – Hip-Hop* (ages 6 and up)
- Kindermusik* (ages 1-4, max of 15)

*Pending instructor availability. ** Additional cost for supplies.

Party Upgrades Make It Even Easier!

• BASIC THEME PACK:

Includes themed dinner, cake plates, cups, napkins and utensils.

• DELUXE THEME PACK:

Includes "Basic Pack" and goodie bags.

• BALLOONS

• ADDITIONAL INSTRUCTOR OR PERSONAL ASSISTANT

• **FOOD:** You may bring your own cake; all other food must be catered by the Bellevue Club. Call for menu.

CANCELLATION POLICY

Cancellations must be made two weeks prior to the party or the full price will be charged to your account. The cancellation charge can be used as a credit toward a Bellevue Club Recreation class or camp within one year.

Fitness Activities

Kids/Teens For Fitness

Jan. 4-29, Feb. 1-26, March 1-31, April 2-30

KIDS FOR FITNESS

Monday, Wednesday & Friday, 3:30-4:15 p.m.

Ages 8 - 11

TEENS FOR FITNESS

Monday, Wednesday & Friday, 4:15-5 p.m.

Ages 12-15

This month-long fitness program is designed to promote daily physical activity in a child's busy lifestyle. Instructor Melanie Baker builds self-confidence and overall strength by working through simple yet challenging aerobic and endurance intervals. This class is geared toward all levels of fitness and every exercise is modified to suit each child. The class meets in the Kinesis Studio. Registration is required. Register online at <https://members.bellevueclub.com>. \$90/members and \$108 guests per month.

Youth Personal Training

Our certified personal trainers start youths on the road to a fit lifestyle of optimum health and wellness, as well as improved performance in sports. Individual sessions are by appointment only. Call the Athletic Services Desk at 688-3177 for pricing.

WEIGHT MANAGEMENT TRAINING

Ages 12 & up

Is your child's lack of physical activity making you concerned about his or her health, both now and in the future? A personal trainer can work with your child to come up with a weight management plan that fits his or her lifestyle, starting your child on a path to enjoyable and healthy living.

HIGH-LEVEL SPORT-SPECIFIC TRAINING

Ages 12 & up

Is your youth athlete looking to improve his or her sport-specific performance and conditioning levels? A personal trainer can help your child improve his or her speed, quickness, lateral movement and functional strength through a progressive series of workouts.



Kids/Teen Yoga

Ages 6-11

Tuesday, 4:15 p.m.

Kids will enjoy this playful series of poses that are sure to delight, amuse and engage young minds and bodies. This class takes place year round. No sign-up necessary. Free with GPX or \$6 drop-in fee.

Kids/Teen Yoga

Ages 12 - 17

Thursday, 4:15 p.m.

This class has a mature approach to yoga that is designed to improve body image, awareness, confidence and flexibility. This class takes place year round. No sign-up necessary. Free with GPX or \$6 drop-in fee.

Youth Fitness Policies

The Bellevue Club is committed to the health and safety of all its members, including children and young adults. For this reason, we ask that youth and their parents follow these policies:

AGE RESTRICTIONS IN FITNESS FACILITY

- Studio 1: Ages 12 and up only
- Studio 2: Ages 16 and up only
- Studio 3: Ages 16 and up only
- Studio 4: Ages 16 and up only

AGE RESTRICTIONS FOR CLASS PARTICIPATION

- Group Exercise Classes:
Ages 12 and up, unless otherwise stated
- Yoga Classes:
Ages 12 and up, unless otherwise stated.
- Kinesis Classes:
Ages 16 and up, unless otherwise stated

To enroll in a program, please visit <https://members.bellevueclub.com> or contact Athletic Services at 688-3177

Social

Science Adventures Summer Camps

Ages 6-11

Science Adventures engages your child in exciting and educational hands-on science programs. The half-day camp format allows kids to participate in involved, multi-day projects such as constructing robots, building and launching model rockets and more. Each week long camp features 10 lessons and projects to take home.

We are excited to be working with the Knowledge Learning Corporation School Partnership again to offer these fun and educational classes. \$200 members; \$215 guests.

Curriculum taught throughout the week is aligned with the National Science Standards and will cover the following topics:

GO WILD CAMP

June 21-25, 9 a.m.-noon

Leap into the wild on an awesome adventure to investigate extreme plants and amazing animals. Join Gizabelle to build a nature kit complete with microscope, bug cage and binoculars. Meet live animals face-to-face during in our amazing Animal Encounter! Get ready to explore the world outside your door—it's time to Go Wild!

MYSTERY OF THE PHAROAH'S TREASURE CAMP

August 23-27, 9 a.m.-noon

Journey to the land of the pharaohs to help Gizmo solve a mystery and unearth two long-forgotten treasures! Decipher hieroglyphics, investigate the secret of the sands, predict the rising of the stars to unearth a mummy, and take home a share of the gold. Take a step back in time to unravel this mysterious Egyptian adventure!



Americas Boating Course

Saturday, May 22; 8 a.m.-5 p.m.

Summer is almost here and boating season is just around the corner. Before you throw the keys to your teenagers and send them off with their buddies for a day on the lake, take note of a new law that became effective this January. Washington state now requires boat owners to have a Boater Education Card to drive boats with an engine of 15 horsepower or more. Without this card, they are subject to severe penalty.

Fortunately, Bellevue Sail & Power Squadron, part of America's largest boating-safety organization, is offering America's Boating Course at the Bellevue Club this spring. The required course covers boating law, safety equipment, navigation and more.

Course attendees must pass a short test and can then apply for their lifetime certification from the Washington State Parks Department. Cancellations are due one week prior to the course. For boating questions e-mail Diane Green at diannegre57@comcast.net. The cost is \$35 per person and include all course materials to keep.

Teddy and Me Manners

May 13, 3:30- 5 p.m., Ages 4-6

This fast-paced, interactive class teaches 4-6 year olds very basic introductions and table manners. A special children's tea (juice), kid-friendly finger sandwiches, fruit and treats are included. Children are welcome to bring their favorite stuffed animal and parents are free to go. Etiquette Unlimited, an etiquette consulting company for the Greater Seattle Metropolitan area, offers the class. The goal of the workshop is to make learning proper manners fun. Cancellations are due one week prior to the event. \$20 per child.

Social Fitness

May 13, 6-8 p.m., Ages 7-11

Children are invited to join us for a one-evening etiquette crash course where they will brush up on what the Bellevue Club's favorite etiquette instructor, Barbara Brueske, calls "social fitness." Your children will learn the confidence they need to succeed in school, in relationships and in life. The class will cover meeting people, table settings, table manners and much more. Don't let your child miss this age-appropriate, interactive and anything-but-stuffy class for both boys and girls. Children are encouraged to eat dinner before the class as no food is served. Cancellations are due one week prior to the event. \$25 per child.

SOCIAL PROGRAM REGISTRATION INFORMATION

Call 688-3384, e-mail social@bellevueclub.com or visit <https://members.bellevueclub.com>.

Aquatics

American Red Cross Learn-to-Swim Program

The purpose of the program is to teach individuals of all ages to be safe in, on or around the water. The program covers the knowledge and skills needed for aquatic skill development. As participants develop these skills, they will become safer and better swimmers. Skills are grouped into the following aquatic and water safety categories: Water Entry & Exit; Breath Control & Submersion; Buoyancy; Changing Direction & Position; Treading Water; Swimming on Front & Back; and Water Safety.

GROUP SWIMMING LESSONS

Winter Sessions

Session 1 Nov 30–Dec 19 (3 weeks/6 lessons)

Session 2 Jan 4–30 (4 weeks/4 lessons)

Session 3 Feb 1–27 (3 weeks/3 lessons)

Spring Sessions

Session 1 March 1–April 3 (5 weeks/5 lessons)

Session 2 April 12–May 1 (3 weeks/3 lessons)

Session 3 May 3–29 (4 weeks/4 lessons)

Session 4 June 1–19 (3 weeks/3 lessons)

Group Swim Lesson Cost:

4 week/4 lesson session \$43; 3 week/3 lesson session \$32.25

Register for any 2 days and receive \$10 off your total.

PRIVATE SWIM LESSONS

Whether you're working on improving your times or just learning how to swim, private swim lessons are the fastest way to get you the individualized attention and instruction you need. Private lessons are coordinated through the Aquatics Desk and are available at various times throughout the week according to instructor availability.

Private Lesson Cost:

Single Participant	Additional Participants
30 Minutes/\$33	30 Minutes/\$10
45 Minutes/\$43	45 Minutes/\$11
60 Minutes/\$55	60 Minutes/\$12

LEVEL DESCRIPTIONS

Parent & Child (P&C) Aquatics

(ages 6 mos-3 years, class size: 8)

P&C Aquatics introduces basic aquatic skills to parents and children. Parents are taught to safely work with their children in the water, including how to appropriately support and hold their child in the water. Children are introduced to basic skills that lay a foundation to help them learn to swim independently.

Preschool 1 (ages 3-5, class size: 5)

P1 is designed to orient young children to the aquatic environment and help them gain basic water skills in each skill category. Floating, gliding, blowing bubbles and simple arm and leg motions are all introduced and practiced.

Preschool 2 (ages 3-5, class size: 5)

In P2, students build on the elementary skills learned in P1 and add independent forward motion to skills performed on their front and back. Children continue to explore arm and leg motions to learn self-supporting movement.

Preschool 3 (ages 3-5, class size: 5)

Through guided practice, students are taught to coordinate arm and leg motions with breathing over progressively longer distances and times. All skills are performed independently.

Youth 1: Introduction to Water Skills (ages 6-12, class size: 6)

Y1 introduces students to basic water safety. Simple arm and leg motions, efficient floating and gliding positions and breath control are introduced and practiced.

Youth 2: Fundamental Aquatic Skills (ages 6-12, class size: 6)

Y2 is the foundation for future stroke development, focusing on changing directions and body position while swimming greater distances and for longer periods of time.

Youth 3: Stroke Development (ages 6-12, class size: 6)

Participants learn to coordinate front crawl and elementary back-stroke, scissor and dolphin kicks and safe diving rules.

Youth 4: Stroke Improvement (ages 6-12, class size: 6)

Y4 participants improve endurance and confidence by swimming familiar strokes for greater distances. Participants also begin to learn coordinated back crawl, breaststroke, butterfly and basic wall turns.

Youth 5: Stroke Refinement (ages 6-12, class size: 8)

Y5 students are comfortable swimming all six strokes for 15 yards or greater. The objective of Y5 is to refine stroke, diving and turning techniques.

Youth 6: Fitness Swimmer (ages 6-12, class size: 8)

The objectives of this level are to refine strokes so participants swim with more ease, efficiency, power and smoothness over greater distances. A pre-competitive lesson, Y6 introduces students to fitness swimming equipment and terminology.



Aquatics continued...

Tennis

Water Extravaganza Swim Camps

9:30 a.m.-2 p.m., Feb. 15-19, April 5-9

Join us for our fun school break swim camps. Each camp consists of structured activities, including swim lessons, water games and open swim time. Participants must be at least 6 years of age and should bring a sack lunch and swim suit. All ability levels are welcome. The cost per day is \$36/member and \$43/guest. Please indicate which days you are attending when registering.

American Red Cross GuardStart

9:30 a.m.-2 p.m., April 5-9

Join us during Spring Break for a unique swim camp, GuardStart: Lifeguarding Tomorrow. This is an American Red Cross program for youth that provides a foundation of aquatic and leadership knowledge, attitudes and skills for future successful completion of the Red Cross Lifeguarding courses. The course focuses on prevention, fitness, emergency response, leadership and professionalism. Participants must be currently enrolled in Youth level 3 or above or able to swim 25 yards continuous front crawl and tread water for 1 minute. This camp is for kids ages 10-14. The cost is \$185 which includes materials.

American Red Cross Lifeguard Courses

9 a.m.-5 p.m., Jan. 16-18, and 23-25, Feb. 15-19, April 5-9

Successful completion of this American Red Cross sponsored course certifies you in Lifeguard Training, CPR/AED for Lifeguards and First Aid. Don't miss out on learning a new trade and great job opportunities. Last day to register: 5 days before start of class. Participants must be 15+ years in age and pass a prerequisite skills test, administered on the first day of class. Prerequisite: 300 yard swim and 10 pound brick retrieval from 7-10 feet of depth. Cost is \$200 which includes materials.

Family Float & Frolic

Saturdays, 6:30-8 p.m.; Wednesdays, 1:30 - 3 p.m.

Bring the kids and spend your time playing in the recreation pool or tackling our giant inflatable obstacle course! (Kids 12 & under must pass a brief swim test to use the inflatable.) Cost is \$3 per person; just bring yourself, your own inflatable toys and join the fun!

Pool Parties

Saturdays and Sundays, between 1-5 p.m.

The Aquatics and Recreation departments are happy to team up to offer children's pool parties. This is a great way to celebrate birthdays and other group events. We offer two types of parties:

1. Party coordinators lead children ages 6-12 through a series of games in the water and set up the Water Runner to play on.
2. Pool staff sets up the inflatable obstacle course for the kids (over the age of 6) to play on. Children 12 & under will be asked to take a brief swim test before using the inflatable.

For more information about booking a party, contact the Recreation Department at 637-4640 or visit www.bellevueclub.com/recreation/birthdayparties.html.

For more information, visit www.bellevueclub.com or check with the Aquatics staff.

Junior Group Tennis Lessons

REGISTRATION

- SESSION 1** Sept.15-Oct. 23
- SESSION 2** Nov. 3-Dec. 18
- SESSION 3** Jan. 5-Feb. 12
- SESSION 4** Feb. 23-April 2
- SESSION 5** April 13-May 21

- Aug. 13
- Oct. 8
- Dec. 3
- Jan. 28
- March 18

Group lessons are offered for juniors preparing for the Bellevue Club Junior Team. The cost per six-week session is \$100. To register, call 455-3660 or visit <https://members.bellevueclub.com>. Registration begins at 7 a.m. on dates listed above.

AGE	LEVEL	DAY	TIME
4-5	Beg.	Tues.	3:45-4:15 p.m.
5-6	Adv. Beg.	Tues.	4:15-5 p.m.
7-9	Beg./Adv. Beg.	Tues.	5-6 p.m.
7-9	Int.	Thurs.	4-5 p.m.
10-13	Int.	Thurs.	5-6 p.m.
10-13	Beg.	Fri.	4-5 p.m.
13-18	Beg./Adv. Beg.	Fri.	5-6 p.m.

Junior Tennis Team

Begins Sept. 14

This popular instruction, drill and play workout is split into A and B levels. The two levels are based on ladder position or placement by the Pro staff. To create a more committed program, a new billing system was put into place during the fall of 2009. Players who sign up on a monthly basis will be billed \$16 per session and drop-in players will be billed \$25 per session.

The junior workout schedule is as follows:

- A team MW** 3:30-4:45 p.m.
- B team MW** 4:45-6 p.m.



Two Ways To Register

<https://members.bellevueclub.com>

Signing up online has many advantages. It's quick and easy, you will receive a confirmation e-mail upon signing up and you have the opportunity to review all classes/camps your family is registered for. If you do not have a password yet, please call Membership Services at 688-3221.

OR

Athletic Desk 637-4610

FOR MORE DETAILED INFORMATION CALL

Recreation 688-3102
Tennis 688-3174
Aquatics 688-3127/455-1616, ext. 4642
Fitness 688-3177
Social 688-3384

HELP US GO GREEN!

In an effort to cut back on paper use, the Bellevue Club is moving toward sending this flyer and others like it by e-mail. Sign up for e-mail alerts at <https://members.bellevueclub.com> to keep receiving news about new classes and all of your old favorites. If you have forgotten your password, please contact Membership Services at 688-3221.

SIGN UP FOR FUN TODAY!

Cancellations

A minimum of seven days advance notice is required for all athletic & social program cancellations, including summer camps. Any member who withdraws from an athletic program less than seven days prior to the start of the program will be charged the full fee.

AGE 0-3

Kindermusik 0-18 MO
Kindermusik 18 MO-3
Pre-PE 10-18 MO
Pre-PE 19 MO-3
Mom & Me
Creative Dance

AGE 0-5

Toddler Open Play

AGE 3-4

Turbo Tots
Tennis *BEG.*
Kindermusik

AGE 3-5

Dance/Pre-Ballet

AGE 3-6

Kids Camp

AGE 3-10

Kids' Night Out

AGE 4 & UP

Family Art Night

AGE 4-10

Cheerleading
Climbing Class

AGE 4-6

Manners Workshop

AGE 5-6

Super Sports
Tennis *ADV. BEG.*

AGE 5-12

Swim Camp

AGE 6 & UP

Chicks 'n' Kicks
Private Basketball

AGE 6-8

BK Play Drama

AGE 6-9

K-2 Fit Kids
BC Ballers

AGE 6-10

Art Class
All-Sports Camp
LEGO Builders

AGE 7 & UP

Karate Club

AGE 7-9

Tennis *BEG./ADV. BEG.*
Tennis *INT.*

AGE 7-11

Social Fitness

AGE 8-12

Varsity Basketball

AGE 8-13

Hip-Hop Dance

AGE 9 & UP

Guitar

AGE 10-13

Tennis *BEG.*, Tennis *INT.*

AGE 10-15

Kids for Fitness

AGE 12-15

YouthFit Orientations

AGE 13-18

Tennis *BEG./ADV. BEG.*

ALL AGES

Swim Lessons
Family Float Night

PRIVATE

Swim Lessons
Basketball

BELLEVUE CLUB
11200 Southeast Sixth Street
Bellevue, WA 98004

