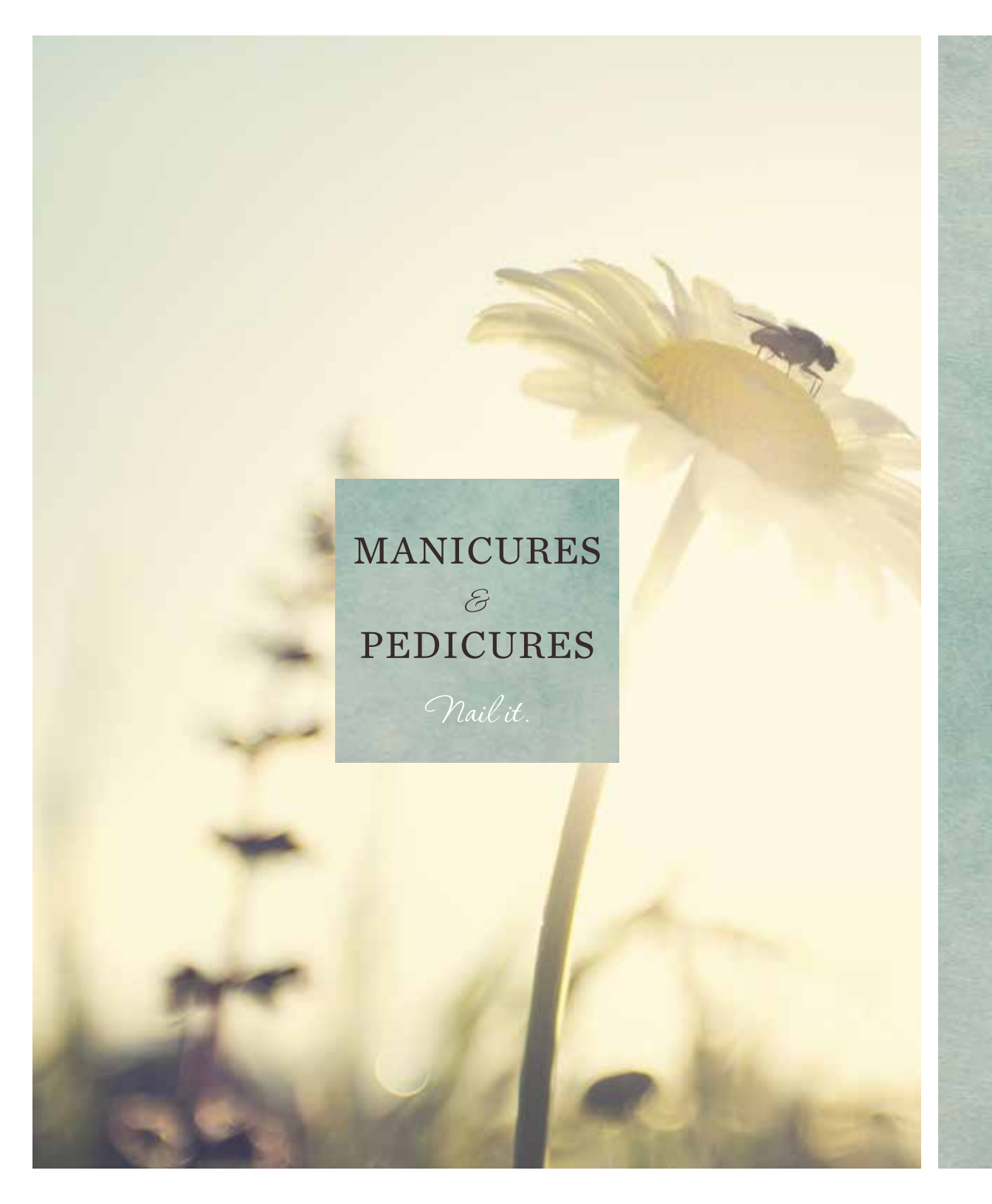




**the
spa**



MANICURES
&
PEDICURES

Nail it.

● MANICURES

THERAPEUTIC SPA MANICURE

Give your hands some therapy.

- Cuticle treatment, shaping/buffing of nails
- Sugar scrub with paraffin dip
- Hand massage
- Polish application of your choice

45 minutes | \$48

SPORT MANICURE

Game, set, manicure.

- Nails are clipped and cleaned
- Warm softening mitt
- Cuticle treatment
- Hydrating hand massage

30 minutes | \$37

ESSENTIAL MANICURE

As essential as brushing your teeth—but much more glamorous.

- Cuticle treatment, shaping/buffing of nails
- Softening warm mitt and hand massage
- Polish application of your choice

30 minutes | \$37

POLISH CHANGE

Get your vitamin P.

- Checkup and polish application

15 minutes | \$17

● PEDICURES

THERAPEUTIC SPA PEDICURE

If humans could purr...

- Dry skin and callus removal
- Nail clipping, shaping and filing
- Sugar scrub exfoliation and brushing
- Warm towel treatment and leg massage
- Revitalizing foot cream applied and paraffin dip to lock in moisture
- Polish application of your choice

75 minutes | \$74

ESSENTIAL PEDICURE

Kick up your heels.

- Relaxing whirlpool foot soak
- Light foot filing to remove dry skin
- Nails are buffed and shaped
- Sugar scrub exfoliation and foot massage
- Polish application of your choice

45 minutes | \$54

EXPRESS PEDICURE

Post-workout or pre-party: make your feet happy.

- Whirlpool foot soak
- Nails are buffed and shaped
- Cuticle treatment and moisturizer application
- Polish application of your choice

30 minutes | \$43

SPORT PEDICURE

Well-deserved attention for hardworking feet.

- Therapeutic footbath
- Nails are shaped and cuticles tended
- Calluses are smoothed
- A moisturizing cream is applied
- Calves and feet receive a relaxing massage

45 minutes | \$48

HOT STONE PEDICURE

Your feet will say “ahhhh”.

Enjoy a relaxing hot stone pedicure. After a soak, enjoy an organic sugar exfoliation, and hot stone foot and calf massage.

60 minutes | \$64

POLISH CHANGE PEDICURE

Checkup and polish change.

15 minutes | \$22

● NAIL ENHANCEMENTS

GEL NAILS

Totally transparent with a high gloss shine sealant, this odorless gel process cures with an LED light.

75 minutes | \$65

SHELLAC

Combines the ease of polish with the permanence of gels. Lasts up to 14 days and removes in minutes.

Initial Application | 45 minutes | \$45

Shellac Essential Manicure | 60 minutes | \$53

Shellac Therapeutic Manicure | 75 minutes | \$60

Shellac Removal | 30 minutes | \$20

● MANICURE & PEDICURE PACKAGES

All packages expire six months from the date of purchase. Buy a package and receive six services for the price of five.

- Essential Manicure | \$185
- Essential Pedicure | \$270
- Therapeutic Manicure | \$240
- Therapeutic Pedicure | \$370



FACIALS
&
WAXING

Get some face time.

● HYDRAFACIAL™

The HydraFacial™ is a revolutionary skincare procedure that will cleanse, exfoliate, extract, hydrate and protect your skin using natural antioxidants, hyaluronic acid, and anti-aging peptides. The treatment is recommended for all skin types and targets fine lines, wrinkles, congested and damaged skin. Instant results will leave you looking radiant and refined with no downtime. Services recommended at least once per month.

CLASSIC HYDRAFACIAL™

The HydraFacial's hydradermabrasion service for the face will leave you with clearer, more stunning skin with no downtime or discomfort. This procedure simultaneously combines cleansing, exfoliation, extraction, hydration and antioxidant protection for a thorough and effective treatment.

30 minutes | \$176

Series of 3 | \$453 (save \$75)

Series of 6 | \$880 (one free)

Series of 12 | \$1,760 (two free)

SIGNATURE HYDRAFACIAL™

Receive all the benefits of the Classic HydraFacial, plus treatment on the neck. Experience a relaxing lymphatic drainage treatment to remove toxins and LED light therapy to build collagen, reduce fine lines and wrinkles while speeds up the healing of blemishes, like acne and rosacea.

60 minutes | \$229

Series of 3 | \$572 (save \$115)

Series of 6 | \$1,145 (one free)

Series of 12 | \$2,290 (two free)

LUXURY HYDRAFACIAL™

Receive all of the benefits of the Signature HydraFacial, plus treatment to the décolleté. Experience a soothing acupressure facial massage. Choose between an exclusive age-refining peptide complex serum to help smooth the appearance of fine lines and wrinkles and enhance skin elasticity or a treatment targeting hyperpigmentation.

90 minutes | \$299

Series of 3 | \$707 (save \$115)

Series of 6 | \$1,495 (one free)

Series of 12 | \$2,990 (two free)

● CLASSIC FACIALS

CLASSIC EUROPEAN FACIAL

Essential maintenance for healthy skin. Combines a pore cleansing facial massage with an individualized masque for a revitalized and refreshed look.

60 minutes | \$101

90 minutes | \$165

GENTLEMAN'S FACIAL

This is a real man's facial using products especially selected for a man's skin and individual needs. Using steamed towels, receive a relaxing massage with non-perfumed, non-greasy products. This facial is wonderfully relaxing and fantastic for keeping a man's skin in optimal condition.

60 minutes | \$100

● SPECIALITY FACIALS

DEEP PORE/ACNE CLEANSING FACIAL

Get a clear idea.

- Designed to clear pores and calm acne flare-ups
- Deep cleansing and exfoliation treatment
- Steam and extraction treatment
- Anti-inflammatory acne treatment
- Detoxifying, pore refining mask
- Series of four recommended

60 minutes | \$143

REGENERATING FACIAL TREATMENT

Look young. Feel young.

- Complete facial cleansing
- Gentle exfoliating microdermabrasion
- Mild glycolic peel
- Antioxidant-rich vitamin C mask to improve skin tone and elasticity
- Specialty mask restores moisture and balance
- Relaxing décolleté massage and hand and arm treatment

75 minutes | \$165

FIRMING VITAMIN C INFUSION FACIAL

This firming facial is designed to treat dehydrated, aging and environmentally damaged skin. Customizable antioxidants and vitamin C treatments help correct, prevent and protect your skin from sun and other environmental damage. Experience highly concentrated serums and a masque with vitamin B5 and hyaluronic acid, applied to recondition the skin and replenish depleted moisture levels. SkinCeuticals professional products will leave your skin healthier with a radiant, firmer complexion.

60 minutes | \$149

PERSONALIZED FACIAL

Our highly skilled estheticians design the ultimate facial specifically for your skin. For maximum results, we recommend 90 minutes, which includes customized treatments and enhancements.

60 Minutes | \$135

75 Minutes | \$155

90 Minutes | \$185

● ORGANIC FACIAL TREATMENTS

The Spa uses organic products created with fresh ingredients that are proudly free of parabens, petroleum, sodium lauryl sulphate and other harsh chemicals.

TEEN ENZYME FACIAL

This facial targets the needs of teenagers and addresses hormonal changes that occur with adolescence. Our aestheticians will help control current breakouts, prevent future breakouts and introduce good daily skin care habits. This service includes extractions.

45 minutes | \$79

PROBIOTIC ANTI-ACNE FACIAL

Say goodbye to problem skin and hello to a radiantly clear complexion with clarifying and calming ingredients. Cooling cucumber tones and revitalizes skin while refining yogurt works to exfoliate and eliminate the signs of acne with Eminence's Clear Skin Probiotic Masque. Your skin will glow with newfound confidence in no time.

60 minutes | \$148

BLUEBERRY DETOX FIRING FACIAL

Get glowing, youthful skin that boasts the appearance of fewer fine lines and wrinkles by feeding it with the phytonutrients and vitamins found in Eminence's organic products. When combined with the hydrating powers of hyaluronic acid, skin is plumped and firmed to turn back the years for skin that appears ageless.

60 minutes | \$149

CALMING CHAMOMILE AND ARNICA FACIAL

A calming treatment using rosehips, which contain high quantities of Vitamin C, helps to repair irritated skin. Maize gently removes dead skin while calendula and honey soothe and nourish, leaving a dewy complexion. Perfect for redness relief and irritated or over-processed skin.

60 minutes | \$140

● TREATMENT SERVICES

PIGMENT BALANCING TREATMENT

The SkinCeutical customizable brightening treatment combines clinical, high-performance lightening agents and exfoliants at professional-only concentrations to dramatically lighten and refine the uneven appearance of photo-damaged skin—as effective as four percent hydroquinone without the harmful side effects. A series of four to six treatments is required to obtain optimal results.

30 minutes | \$95

ALPHA BETA PEEL TREATMENT

Take your skin up a notch to receive this intermediate peel treatment that combines glycolic and lactic acids as well as salicylic acid to reduce surface lines, smooth out rough skin texture, aid in clearing acne and help fade hyperpigmentation.

30 minutes | \$95

MICRODERMABRASION TREATMENTS

Microdermabrasion is an advanced approach that repairs, smooths and revitalizes aging or damaged skin. While we recommend a series of six, one application will also produce immediate results.

One session, face only | \$105

One session, face/neck/chest | \$145

PEEL/MICRODERM COMBOS

Combine microdermabrasion with a mild chemical peel for one of the best ways to achieve immediate and long-term results on fine lines, wrinkles, aging, scarring and uneven skin tone. For best results, we recommend a series of four to six treatments.

One session, face only | \$165

One session, face/neck/chest | \$185

● DERMAPLANING

Dermaplaning is a gentle but highly effective exfoliation treatment that relies on a simple manual tool rather than chemicals or injections to tone, clarify and re-texturize the skin. Suitable for all ages and skin types, the procedure pairs well with other skin treatments.

CLASSIC DERMAPLANE

This anti-aging procedure is a manual exfoliation treatment that removes the outer most layers of dead skin cells, leaving the skin immediately smoother and brighter. After the exfoliation, clients will enjoy having no vellus hair on the face, better skincare product penetration and performance with no downtime or discomfort. Thorough three-step process including dermaplaning, resurfacing and soothing.

45 minutes | \$95

Series of 6 | \$475 (One Free)

SIGNATURE DERMAPLANE:

Enjoy all the benefits of the Classic Dermaplane plus receive a customized facial massage, personalized masque and peel.

60 minutes | \$155

DERMAPLANE ENHANCEMENT

Enhance any facial with this express dermaplane service

30 minutes | \$60

● FACIAL ENHANCING SERVICES

Enhance your service with one of these add-on treatments:

DÉCOLLETÉ

This fragile area is one of the first places to show signs of aging. Repair everyday damage such as UV rays, pollution and stress | \$37

PEEL OR MASK

Add a specific peel or mask to any facial | \$32

PERK™ LIP TREATMENT

Get smooth and perfectly primed lips with key ingredients such as peppermint oil and peony extract that lightly plump your pout. Includes take-home product | \$50

PERK™ EYE TREATMENT

Awakens the delicate eye area with energizing green tea extract and citric acid, a natural skin brightener. Includes take-home product | \$50

● LASH EXTENSIONS

EXTREME LASH EXTENSIONS

Incredibly natural looking, lash extensions are weightless and perfect for anyone who wants longer, fuller and thicker lashes. Individual lashes are expertly applied directly onto existing lashes. Safe and semi-permanent, wear for two to three weeks before needing to fill.

Full Set | \$206

Fill | 60 minutes | \$72

(within two weeks of last service)

Fill | 75 minutes | \$103 (longer than two weeks)

Removal | 30 minutes | \$25

● FLASH SERVICES

FLASH FACIAL

A “mini facial” ideal for those on the go. Skin is cleansed, exfoliated and nourished with a custom mask application to rejuvenate your senses and soothe your skin.

30 minutes | \$59

Extraction add-on | \$20

LASH AND BROW TINTS

Brow Tint	\$27
Lash Tint	\$37

WAXING*

Brow Design	\$32
Brow Upkeep	\$27
Lip	\$19
Chin	\$19
Sides or Jawline	\$22
Full Face with Brow Arch	\$66
Back and Shoulder	\$79
Full Back	\$63
Chest	\$47
Chest and Abdomen	\$60
Underarm	\$27
Full Arm	\$42
Forearm	\$27
Lower Leg	\$42
Upper Leg	\$60
Upper Leg/Bikini	\$85
Upper Leg/Extended Bikini	\$101
Upper Leg/Brazilian	\$127
Full Leg	\$82
Full Leg/Bikini	\$111
Full Leg/Ext. Bikini	\$132
Bikini Line Only	\$39
Extended Bikini	\$61
Brazilian	\$84
Brazilian Upkeep	\$74
Patches	\$10 and more

**Please allow 24 hours after sunbathing or using a tanning bed before waxing. Hair growth must be at least three to four weeks or 1/2-inch long. Prior to waxing, please refrain from physical exertion. Optimal waxing results are not achieved when skin is hot or moist from perspiration.*

Waxing services cannot be performed on clients who are currently taking Accutane, Retin-A or antibiotics, due to skin-sensitivity issues caused by these prescriptions. Clients must be off Accutane for at least six months prior to waxing, and Retin-A at least two weeks prior to waxing. If you are taking antibiotics, please consult your pharmacist or physician before waxing.



MASSAGE
&
BODY
TREATMENTS

Feed your knead.

● SPECIALTY MASSAGE

AROMATHERAPY MASSAGE

A luxurious blend of essential oils tailored to personal preference are used in this popular soothing massage.

50 minutes | \$106

HOT STONE MASSAGE

Feel the healing power of heat as basalt stones are placed strategically along your body to melt away tension and soreness. Additional warm stones are used to massage joints and muscles, promoting a deeper sense of relaxation and well-being.

80 minutes | \$148

REFLEXOLOGY

An ancient acupressure approach to health and wholeness that stimulates areas of the feet and hands to benefit the entire body.

25 minutes | \$59

Add to a massage | \$43

TABLE THAI MASSAGE

Through passive stretching, Table Thai massage will help increase flexibility while providing relief from muscle and joint tension. Increased circulation and an expanded range of motion will also be achieved through guided, gentle pressure. Please wear loose, comfortable clothing for the service.

80 minutes | \$153

MELLOW MAMA PRENATAL MASSAGE

A relaxing full body massage using our safe but effective prenatal techniques and award winning Omega rich oils which increase circulation, alleviate tired muscles and reduce excess water retention, focusing on the specific muscles that are responsible for supporting that beautiful bump.

50 minutes | \$100

80 minutes | \$140

● CUSTOM MASSAGE

25 minutes | \$64

50 minutes | \$96

80 minutes | \$137

DEEP TISSUE AND THERAPEUTIC MASSAGE

For more specific or more deeply satisfying bodywork, deep tissue or therapeutic massage uses a range of focused techniques that allows for greater results. Focus can include: whiplash, carpal tunnel syndrome, sports/training recovery, trigger point therapy and lymphatic drainage.

SWEDISH MASSAGE

Using connecting and repetitive strokes such as petrissage and effleurage, Swedish massage opens up sore muscles and offers the body a whole new level of relaxation. Benefits include improved circulation and overall calming of the nervous system.

● MASSAGE PACKAGE

All packages expire six months from the date of purchase. Looking for a great deal? Buy a massage package and receive six massages for the price of five.

Six 80-minute massages | \$685 (one free)

Six 50-minute massages | \$480 (one free)

● MASSAGE ENHANCING TREATMENTS

Enhance your service with one of these add-on treatments:

ORGANIC APRICOT SCALP TREATMENT

A luscious apricot scalp treatment that's hydrating and nourishing and complements any body wrap or massage.

25 minutes | \$45

HAND, FOOT AND BACK SUGAR SCRUB

Refine and smooth your skin with an organic coconut sugar scrub, focusing on nourishing dry hands and feet, and purifying and hydrating the back. A massage with extracts from the stone crop plant boosts hydration—the healing benefits of which will leave the skin silky and naturally beautiful.

25 minutes | \$45

** You must be 18 years of age or older to enjoy our massage services at The Spa.*

● ORGANIC BODY TREATMENTS

Organic products are created with fresh ingredients and proudly free of parabens, petroleum, sodium lauryl sulphate and other harsh chemicals.

ORGANIC APRICOT SUGAR SCRUB

Relax and enjoy every minute of this full body sugar scrub. Organic apricot sugar scrub is healing, refining and increases microcirculation. Organic apricot oil will rejuvenate and deeply hydrate your skin leaving a beautiful, healthy glow.

50 minutes | \$128

AGE DEFYING BODY TREATMENT

This relaxing full body wrap refines, smooths and deeply hydrates the epidermis while lightening the skin's pigmentation, reducing signs of aging and dramatically improving skin tone and firmness. Results are softer, more youthful looking skin.

80 minutes | \$148

BLUEBERRY SLIMMING BODY WRAP

Improve your skin's elasticity and reduce cellulite at the same time. This wrap is designed to break down fat cell stores, smooth skin texture and tone with lymphatic massage techniques targeted at the thighs, glutes and abdomen. Finish with a blueberry soy massage soufflé that reinforces collagen fibers for firmer skin. This wrap is a highly effective treatment that can be done twice a week as part of an ongoing program for long-term results.

80 minutes | \$148

Series of five | \$592 (one free)

BODY BRONZER*

Full-bronzing treatment includes a full body exfoliation, followed by an application of self-tanning crème. For a deeper and longer-lasting color, The Spa recommends three consecutive days of treatment.

90 minutes | \$115 first session

60 minutes | \$79 second and third sessions

**Please do not wear deodorant or body lotion to Body Bronzer sessions. Plan for the product to remain on your skin for at least three hours. During this time, refrain from physical exertion and contact with water. The Spa recommends wearing dark, loose clothing, as the product can rub off easily.*

● ESCAPE PACKAGES

SERENITY

Sit. Melt. Repeat.

- 50-minute Custom Massage
- Hand, Foot and Back Sugar Scrub
- 75-minute Therapeutic Spa Pedicure

2.5 hours | \$215

REJUVENATE

A two-week vacation in two hours.

- 50-minute Custom Massage
- 60-minute Custom Facial

2 hours | \$230

RENEW

You don't walk after this package. You float.

- 60-minute Custom Facial or 80-minute Custom Massage
- 60-minute Therapeutic Spa Pedicure
- 45-minute Therapeutic Spa Manicure

3 hours | \$259 with massage

3 hours | \$256 with facial

GENTLEMAN'S RETREAT

Guys need to relax, too.

- 50-minute Custom Massage
- 60-minute Custom Facial
- 75-minute Therapeutic Spa Pedicure

3 hours | \$304

HARMONY

Your body will sing.

- 50-minute Organic Sugar Scrub
- 50-minute Custom Massage
- 60-minute Custom Facial

3 hours | \$358

BALANCE

Quit the balancing act; Experience the balanced life.

- 80-minute Custom Massage
- 60-minute Custom Facial
- 75-minute Therapeutic Spa Pedicure
- 45-minute Therapeutic Spa Manicure

4 hours | \$393



SPA PROCEDURES AND POLICIES

APPOINTMENTS

Spa appointments may be scheduled at either the Athletic Services Desk or in The Spa with the Spa Coordinator.

ARRIVAL

We recommend arriving 15 minutes before your appointment to relax and enjoy hot tea prior to your service. You may also come early or stay after to enjoy our eucalyptus steam, our sauna in the locker room or the hot tubs on our pool deck.

DEPARTURE

After your service, we invite you to relax in our hot tub and saunas to complement your treatment. Upon exiting The Spa, please check out with the Spa Coordinator located in the nail salon.

GUESTS

Athletic and social members are welcome to use The Spa. They may bring guests with them without paying an athletic guest fee. Members are required to schedule the appointment for their guest under their member number and accompany them while in the Club.

Members are to register their guests at either the Athletic Entrance or the Concierge Entrance.

AGE REQUIREMENTS

Spa appointments are suitable for ages 18 and older. Some appointments are available for teens if accompanied by a parent.

CANCELLATION POLICY

The Spa at the Bellevue Club requests 24-hour notice for cancellation or rescheduling of any service or package. The full price will be charged for any late cancellation or no-show appointments.



HOURS

Monday-Saturday

9 a.m.-8 p.m.

Sunday

9 a.m.-6 p.m.

Appointments

425.688.3114