



ARC BLENDED LEARNING

The Bellevue Club offers American Red Cross Lifeguarding in a Blended Learning format. Blended Learning combines online learning with on-site skill sessions where you will practice skills and demonstrate competency.

Blended Learning courses require at-home computer and internet access. You will be emailed a link to gain access to the online portion upon registration.

To successfully complete the course, you must attend the entire course, complete all online learning modules, demonstrate competency in all required skills and scenarios, and pass the final written exams with a minimum grade of 80 percent.

Upon successful completion, you will receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED, valid for two years.

BELLEVUE CLUB

WWW.BELLEVUECLUB.COM

For members and guests. Memberships available.

AMERICAN RED CROSS



LIFEGUARD
TRAINING

BLENDED LEARNING
AT THE BELLEVUE CLUB

+ 2020-2021 COURSE DATES

COURSE DAYS AND TIMES:

Saturdays: 10 a.m.-8 p.m.

Sundays: 10 a.m.-8 p.m.

COURSE #29

CLASS DATES: Nov. 7-8, 2020

COURSE #30

CLASS DATES: Nov. 14-15, 2020

COURSE #31

CLASS DATES: Nov. 28-29, 2020

COURSE #32

CLASS DATES: Dec. 5-6, 2020

COURSE #33

CLASS DATES: Dec. 19-20, 2020

COURSE #1

CLASS DATES: Jan. 9-10, 2021

COURSE #2

CLASS DATES: Jan. 16-17, 2021

COURSE #3

CLASS DATES: Jan. 23-24, 2021

COURSE #4

CLASS DATES: Feb. 6-7, 2021

COURSE #5

CLASS DATES: Feb. 13-14, 2021

COURSE #6

CLASS DATES: Feb. 27-28, 2021



FEES:

Lifeguard Training Course:
\$199/member, \$245/non-member
(Includes \$38 Red Cross fee)

**No refunds within 48 hours of the class, except in the event of illness. There will be a \$25 transfer fee when changing courses.*

**If unsuccessful, a \$25 fee will be taken on first day and considered a transfer.*

TO ENROLL IN THE COURSE:

- You must be at least 15 years old before the last scheduled class date.
- Online material **must** be completed prior to the start of the in-person portion.
- Pass one prerequisite skills evaluation on the first day of class which includes: swimming 300 meters, treading water for two minutes without hands, and retrieving a ten-pound brick from a depth of nine feet and swimming 20 meters using legs only.

To register, call Bellevue Club Aquatics at 425.688.3224 or Athletic Services at 425.688.3177. Inquiries may also be emailed to aquatics@bellevueclub.com or athleticservices@bellevueclub.com.
Payment is due at the time of registration.



LIFEGUARD REVIEW COURSE

NOVEMBER 22	8 a.m.-8 p.m.
DECEMBER 13	8 a.m.-8 p.m.
DECEMBER 27	8 a.m.-8 p.m.
JANUARY 31	8 a.m.-8 p.m.
FEBRUARY 21	8 a.m.-8 p.m.

To enroll for a review you must be currently certified as an American Red Cross Lifeguard or have expired within 30 days of the date of the course.

All Review Courses are the American Red Cross Lifeguarding Blended Learning format, which combines on-line learning with on-site skill sessions.

FEES: \$119/member, \$145/non-member
(Includes \$38 Red Cross fee)